**GRACEAC 3/4th Boys Flag Football**

WHAT: GRACEAC 3/4th Grade Flag Football

* Registration numbers will determine geographical Splits – If numbers support multiple teams geographically decision will determine team participant assignments
* 3/4th Grade students in a GRACEAC member school or a DOGR parish will be eligible for this program.
* 3/4th Grade Cheer members will be assigned a team determined by registration numbers.

WHO: 3/4th Grade boys in GRACEAC/Diocese

* Must register using TeamSnap
* All paperwork on file at school before first practice
* Current Physical
* Concussion acknowledgement form
* Any other requirements at your school
* Uniform tops (jerseys) will be provided.  They MUST be turned in at the end of the season.  Athletes are responsible for shorts, shoes or cleats, and if you want a mouthpiece.

WHEN: Fall Season

* Practices can start the Tuesday after Labor Day.. Specific Dates and Times will be determined by the coaches.
* Practices will be no longer than 1 and a half hours, 2 practices per week till the first football game, then 1 practice per week and one game per week.
* Games are tentatively scheduled on Saturdays. Games will start in September. Season will conclude no later than Mid October.
* Game times on Saturday will be anytime between 9:00AM and 3:00PM

WHERE: Practice/Games

1)- Practice Locations-to be determined.

a)- Possible Practice locations Game Locations to be determined – Immaculate Heart of Mary, St John Vianney, Holy Spirit, Assumption

2) – Game Locations – to be determined

a)- Possible Game locations – Typically played at St John Vianney, but also may use the following schools: Immaculate Heart of Mary,  St Patrick Parnell, Holy Spirit, Assumption, West Catholic Falcon Field and Catholic Central CAT Stadium

**Important Facts** – Flag Football maybe 5v5; or 6v6 or 7v7 depending on registration numbers. Cheer team size will be determined in a similar manner.

6-7 week season; 2 weeks of practice, max 2 times per week if no games that week, no longer than 1 ½ hours per practice; 4-5 games.